

THE TAILWIND TIMES

January 2009, Vol. 17, No. 1

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Supporting Member Profile – Javelina Cycles of Ahwatukee

By Bob Beane

Each month in 2009, we'd like to profile one of our supporting members. These are the bike shops, their owners and employees and other folks and organizations that support our cycling events and clubs in central and northern Arizona. This month, we are starting close to home...well, your editor's home that is.

Javelina Cycles is owned and operated by PMBC club member Rick Marquis, and is located at 4647 E. Chandler Blvd, Suite #3, just south of Chandler Blvd at the SW corner the 48th Street intersection in Ahwatukee. Rick originally opened the shop at its former location on Ray road in October of 2005. In November of 2007, he moved to his current location.

Shop Name:	Javelina Bicycles
Owner/Manager:	Rick Marquis
Cyclist Since:	Four years old...bikes have always been Rick's preferred mode of transportation and a part of his life
Shop Hours:	M-F 10:00-7:00, Sat 10:00-5:00, Sun 11:00 -4:00
Phone Number:	480-598-3373
Web Site?:	Yes, www.javelinacycles.com
Bicycles Sold:	Raleigh, Fuji, Diamondback, Felt, Redline, Orbea, Lapierre, Yeti, Niner, Batavus, and more...
Other Products of Note:	Electric-assisted bikes by Ultramotor; child and pet trailers, Garmin GPS
Services:	Tune-ups regularly start at \$40; Rick is offering a discounted \$25 basic safety check and tune-up to PMBC members prior to the 2009 MS ride. Special orders, one-offs, custom bike orders are possible...
Past PMBC Support:	Free breakfast during club ride, on-location bike demos at South Mountain Park, raffle gifts for various PMBC major events.

What Rick would most like for you to know about Javelina Cycles is that he and his staff are in the business because of their love for cycling. Rick and his staff are known for assisting customers in locating just what they need, from BMX to custom mountain bike to road bikes (entry level to the latest carbon-fiber technology), and they take pride in their "non-elitist" service reputation.

Cyclist Families Needing Your Support

- Gary Stuebe is the 42 year old cyclist critically injured in the El Tour de Tucson this year, and who remains in a coma at St. Joseph's Hospital in Phoenix. Donations to help support Gary and his family may be made by check to the GARY STUEBE MEDICAL FUND established at the Bank of America (donations received at any branch).
- Gerry Hickman is the 50 year old cyclist who died after running into a utility truck in Ahwatukee just before Christmas, leaving a wife and four children. Details on avenues for support of this family have not yet been located but are being sought.

Purposes and Objectives of our (GABA legacy) clubs:

- To promote interest and involvement in all aspects of bicycling.
- To schedule field trips, tours and other group riding opportunities for further development of individual cycling skills, and to instill safe riding habits.
- To initiate and publicize all types of bicycling events to attract out-of-state bicyclists to Arizona.
- To provide maps and route information to touring and commuting cyclists and to encourage bicycle use as an energy-efficient, healthful means of personal transportation.
- To provide instruction at all levels of bicycling skill and bicycle maintenance, including on-the-road repairs.
- To publish regularly a comprehensive newsletter of bicycling information about the events of all Arizona bicycle clubs, legislation affecting cyclists, and other cycling related news.
- To promote bicycle racing as a spectator sport and to refer those interested in race participation to local clubs involved in the sport.

Questions? Comments? Here's who to call...

Phoenix Metro Bicycle Club: Ron Waller, Pres (ronwaller@cox.net); Tom Adams VP & Mailing List (tla85258@yahoo.com), Mike Kirk, Treasurer (mkirk9942@FanBox.com); Jane Larson, Secy (Jlreports@qwest.net); Bob Beane, Newsletter Editor, (480) 961-1951, (marco3@cox.net).

West Valley Bicycle Club: (2007 Officers) Jared Williams, Pres (623) 330-0220, Chuck Gerke, Secy (623) 974-9918, Betsy Turner, Treas (623) 979-8110, Gene Marchi, Ride Information (623) 546-8112.

Moving or changing e-mail addresses? Please let PMBC Vice President Tom Adams know any change of e-mail address so that his posting notices will find you.

Newsletter Deadlines: The deadline for submissions is the 15th of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Bob Beane, 4413 E. Graythorn St, Phoenix, AZ 85044. You may e-mail Bob at marco3@cox.net. E-mail submissions are currently being accepted in the following formats: Articles in MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. While we encourage submissions from club members and guest writers, we reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

Web resources: Additional and updated ride schedules and other club information may be found on the Web, including:

Phoenix/West Valley: At our new web address of www.pmbcaz.org

Tucson : www.bikegaba.org

Prescott: www.prescottcycling.org (e-mail: pcc@prescottcycling.org)

Sunrise/Sunset (Phoenix, AZ)

Jan 1	7:33 a.m./5:32 p.m.
Feb 1	7:24 a.m./6:00 p.m.

JANUARY RIDE SCHEDULE

****Please Note: Helmets are MANDATORY for all rides*

****Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride*

(Includes most major club/event rides. For a more comprehensive ride schedule visit www.sportsfun.com)

REGULAR CLUB RIDES (generally free to members, prospective members and guests)

EVERY MONDAY, WEDNESDAY & SATURDAY: Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

EVERY SATURDAY: SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue Fassett at (602) 758-0722 or suefassett@att.net.

EVERY SUNDAY: SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at wgfletcher@cox.net.

START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE: Jan 8:30, Feb 8:00, Mar 7:30, Apr/May 7:00, June-Aug 6:30, Sep/Oct 7:00, Nov 7:30, Dec 8:00.

EVERY SATURDAY: SUN LAKES BICYCLE CLUB – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

MONDAY-FRIDAY: PINNACLE PEAK PEDALERS – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at 480-204-1419.

Kokopedalli “No Drop” Rides (20-22 miles, with longer options): Ride locations include Scottsdale (Chaparral Park), Mesa (Gene Autry Park) and Ahwatukee (various). Website: <http://groups.yahoo.com/group/kokopedalli> Get emailed ride reminders by sending a blank email to kokopedalli-subscribe@yahogroups.com For more info contact Kathy Mills at kmills67@cox.net, or 480-235-5052 for details. See <http://www.sportsfun.com/gaba/rideschedule.html> for ride schedule.

ARIZONA BICYCLE CLUB – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA-Legacy clubs, and we offer member-discounted rates to each other’s members for major rides.

MAJOR RIDES/EVENTS UPCOMING IN ARIZONA OR NEARBY LOCALS (most involve a rider registration fee or donation)

Jan 1 (Thu) – Original Pinnacle Peak Pedalers - 9 a.m. Show and Go bike ride, 10:30 a.m. potluck (bring a delicious dish to share), Usery Mountain Regional Park at 3939 N. Usery Pass Road, Mesa, AZ, Ramada D-1, group picnic area (Note: park admission is \$6/car)

Jan 11 (Sun) - Casa Grande Century – Sun Lakes to Casa Grande & Back...Why do AZ bicyclists ride a (full or metric) century in January? Because we can...Details, registration options and more at Page 5 and on the web site. **Volunteer Opportunity: Contact Mary Ellen Coe.**

Feb 8 (Sun) – Picacho Century (GABA-Tucson) – All riders sign-in at the intersection of Cortaro & Silverbell on the NW side of Tucson, and then proceed to the start point of one of the following options: 100, 65, 35 or 15 miles. All rides turn-around at the lunch stop near Picacho Peak. www.pbaa.com

Feb 13-16 (Fri-Mon) - 7th Annual Jane & Paul Tour to Tucson & Back Tour.

The 2009 4-day "J&P 7th Tucson Tour" is scheduled for the President's day weekend from Fri 2/13/09 until Mon 2/16/09. It's an almost painless introduction to bike touring. We ride about 60 miles per day and stay in motels each night. We provide a SAG vehicle, route maps, motel and restaurant recommendations, but "I'm not your Mom!".

This year our route is clockwise: Scottsdale-Florence-Tucson-Casa Grande-Scottsdale. Since you pay your own expenses, there is no ride fee, but you'll be expected to drive SAG for 10 or 20 miles and kick in \$10 for gas money. If you are interested in joining us and earning your touring "Artie", email Tom Adams, ta85258@gmail.com

Feb ? (TBD) – Senior Olympics Cycling Events - (watch for details in the February issue)

Mar 8 (Sun) – Tucson Tour de Cure (ADA) – Start/Finish is at Rancho Sahuarita, 10 miles south of downtown Tucson. Take I-19 south to exit 75. Ride options are 100K, 50K, 30K, and 10K Family Fun Ride (www.diabetes.org/tour)

Mar 14 (Sat) – Mining Country Century (PMBC) – Start/Finish is at Main St and Magma, Superior, AZ. Registration and pre-registered rider sign in is between 8:00-9:00 a.m. For detailed ride information, see Page 6 of this newsletter or www.pmbcaz.org.

Mar 14 (Sat) – Phoenix Tour de Cure (ADA) - Start/Finish is at REACH 11 Sports Complex, Cave Creek and Deer Valley Roads. Ride options are 63 mile, 35 mile and 10 miles. (www.diabetes.org/tour)

Apr 4 (Sat) – El Tour de Phoenix (PBAA) – 74 and 26-mile courses, all routed throughout Mesa, Arizona, and beginning at [Red Mountain Park](#) in Mesa. Routes extend into the beautiful and rugged backdrop of the Salt River Recreation Area and Tonto National Forest. The 74-mile event is a perimeter ride around Red Mountain and the 26-mile course feeds onto the main route. Both courses feature an approximately 4-mile climb as participants begin the final leg. www.pbaa.com

Apr 24-26 (Fri-Sun) – 26th Annual Answer to the Challenge (PMBC) – The annual three-day challenge for the very fit recreational cyclists and racing caliber riders among us. See the Major Events listing at www.pmbcaz.org.

Apr 26 (Sun) – Tour of the Tucson Mountains (PBAA) – 70-mile (around the Tucson Mountains) and 27-mile courses, both beginning at the Town Hall of Marana, NW of Tucson. www.pbaa.com.

Summer Rides this year will include the **Sedona Century** in early May and **PMBC’s White Mountain Tour** and the **Absolute Bikes Taylor House Benefit Ride** in July...And, GABA-Tucson is working on a new **Arizona Parks and Monuments Tour**, with dates and routes to be announced. Look for details of these and other summer rides as we head further into 2009.

A Note on Membership Questions from PMBC Vice President Tom Adams

We usually update our membership list at the end of the month. When we process the memberships, we'll send you a membership postcard. If you paid and haven't heard back from us by the first week of the next month, or if you have any questions about your membership, please drop me an email at tla85258@gmail.com.

2009 Amgen Tour of California Weekend – Itinerary Ideas

By Bob Beane

Would you love to go to Le Tour de France, but don't have the budget? Would you like to see the biggest and best bike race in the USA? Well, Linda and I have answered "yes" to both of these questions in prior years, and found the **Tour of California** to be everything we could have imagined, and more... We visited **San Francisco** for the opening prologue of the **first ever Tour of California in 2006**. Over 100,000 screaming, cow-belling fans lined the route... five deep at the start ramp and on the way up to the finish at Coit Tower!!!

In 2007 we saw the "infamous" stage finish into **Santa Clarita**. Infamous, because that was the day that **George Hincapie** was involved in a crash early in the day, fracturing his wrist, but got back on the bike, chased down the peloton, and rode injured 90+ miles to help keep **Levi Leipheimer** in yellow. That day cost George the Spring Classics season, but showed the heart and guts of a great rider. On the final day we were among those in the grandstands at **Long Beach** when **Danny Pate** launched a breakaway with a small group of escapees that reached nearly a 3:00 lead before **Discovery Channel** chased them down to assure the GC win. And, we were there sitting across from **Johan Bruyneel** at the start and with **Chris Horner's** sister at the finish (you never know who you'll meet) and smelled the burning rubber of the final sprint, won by **Ivan "the Cuban Missile" Domiguez**.

In 2009, the Tour of California will open on **Valentines/President's Day weekend (February 14/15)** with a prologue in downtown **Sacramento**, followed by Stage 1 from **Davis**, through wine country, ending in **Santa Rosa**. I can't say enough about the class of this event, how well it is organized and the supportive fans.

The added "buzz" this year is that **Lance Armstrong** will be back, re-joining the "Discovery", now Astana, team headed by **Johan Bruyneel**, which includes two-time Tour of California winner **Levi Leipheimer** (2nd in last year's Vuelta a Espana) and Grand Tour triple champion, **Alberto Contador**. And, the race will include many of the upcoming Grand Tour competitors. Just look at the list of the *first eight teams announced* to be attending this year:

- **Astana**
- **Columbia Highroad**
- **Garmin-Slipstream**
- **Ag2r-La Mondiale**
- **Liquigas**
- **Quick Step**
- **Rabobank**
- **Team Saxobank**

If you follow pro cycling, you know that if only these eight teams showed up you would have one of the top races in the world. But, there will be another eight or so teams added, including a few top "domestic" teams looking to grab the spotlight.

To plan your personal itinerary, visit www.amgentourofcalifornia.com where you will find dates, detailed routes, and links to activities in each community. For those interested in attending the opening weekend, I have researched the routes, hotels, restaurants, etc., and have assembled some suggestions to help start your planning. Oh, BTW, when you pack, be sure to take your PMBC or other Arizona club jersey so we can pick you out on TV and when the DVD comes out!

Flights: US Airways and Southwest have several direct flights into/out of Sacramento each day. Other airlines have flights, most with one stop, as an alternative. Fly out Saturday a.m., back Monday p.m.

Prologue: Saturday, February 14, at 1:30 p.m., the 2.4 mile Prologue Time Trial starts on the Capitol Mall in downtown Sacramento. The last rider is expected to finish at about 4:00, so plan to get into Sacramento's airport by 1:00 p.m., latest. The start is at 9th St and Capitol Mall. The finish line is at 11th St and L St (three blocks apart). Dining/beverage options are within walking distance, so find a hotel nearby and walk to the event and meals/party spots (see below).

Hotels: There are MANY hotels within walking distance of the Capitol Mall. Here are just a few, illustrating the variety of amenities and costs:

- Hyatt Regency Sacramento, 12th St & L St, (916) 443-1234, \$300+, 503 rooms, one block from finish line.
- Sheraton Grand Sacramento, 12th St & J St, (916) 447-1700, \$161+, 500+ rooms.
- Holiday Inn Express Sacramento Convention Center, 16th St & G St, (877) 786-9480, \$133+.
- Sterling Hotel, 13th St & H St, (800) 365-7660, 17 rooms (quaint, B&B feel), call for rates.

(continued on Page 6)



Casa Grande Century

Updated 11/23/2008

AN APPROVED HELMET IS REQUIRED FOR ALL RIDES LISTED

Casa Grande Century - 103, 62 and 34 mile Options January 11, 2009

Sponsored by Phoenix Metro Bicycle Club

Online registration is available at www.active.com until 5 p.m. Friday, January 9, 2009.

Volunteers are needed to help out with this ride. Please contact [Mary Ellen Coe](#) if you would like to help out your club on this ride.

Download the Official Casa Grande Century Flyer in Microsoft Word format (.doc): [CasaGrande2009flyerA.doc](#).

QUESTION: Why do Arizona cyclists ride Centuries in January?

ANSWER: Because they can!

Remember where you used to live? The closest you came to riding a Century in January was trying to get your old Buick started when it was 5 below. So join us January 11, 2009 for the first century of the New Year. Then call all your friends in Minnesota and tell them what a good time you had!

This ride is a great first century or metric century. The terrain is flat, the roads have low traffic, and if history repeats itself, the weather is sunny with a high of 70. What more could you want? How about SAG stops with water, fruit and snacks, as well as a hot lunch at Dave White Regional Park in Casa Grande. You'll also get a route map, and the first 200 registered riders receive a PMBC commemorative bottle (Polar!). Join your cycling friends for PMBC's biggest ride of the year!

New to cycling or club rides? Try our new 34-mile option. You'll get one sag stop, a route map and if you are **one of the first 200 registered riders, you will receive a Polar Bottle**. There will be three ride options: A Full Century (103 miles), a Metric Century (62 miles) and a 34-mile ride. The 34-mile ride is out-and-back and flat. The 62-mile ride is out-and-back, with a slight hill. The 103-mile ride is mainly a loop and flat.

Please bring enough spare tubes for your ride. There will be sweep vehicles on all routes to assist you, but they carry a limited number of tubes. They will have pumps! The sweeps are also available for the weary and downtrodden!

Download the Official Casa Grande Century Flyer in Microsoft Word format (.doc): [CasaGrande2009flyerA.doc](#).

WHEN

- Sunday, January 11, 2009.
- Registration at 8:00 AM - 9:00 AM. (Sleep in for once and enjoy starting when it's close to warm!)
- There is no mass start, so you can leave any time after you register.

WHERE

- Start and finish at the **Safeway store at 4970 S. Alma School Road, Chandler**. It is on the northwest corner of Alma School Road and Chandler Heights Road, 1 mi. N. of Riggs Rd. Please park at the edges of the lot so we don't block Safeway customers.
- Directions:
From Phoenix or Tucson: Take I-10 to Riggs Road exit, then go three miles east to Alma School Road, then one mile north to Chandler Heights Road.
From Scottsdale, Mesa and Tempe: Take Loop 101 south past Chandler Blvd. to Loop 202 exit, then go east two miles to Alma School Road, then south four miles to Chandler Heights Road.

NEW ONLINE REGISTRATION:

- Online registration is available at www.active.com until 5PM, Jan. 9, 2009.

REGISTRATION FEES

- PMBC/GABA/ABC members before 12/29/2008: \$20.00.
- Non-members before 12/29/2008: \$25.00.
- PMBC/GABA/ABC members after 12/29/2008: \$30.00.
- Non-members after 12/29/2008: \$35.00.
- 34-mile ride only: \$15.
- Tandem: add \$15 for the additional rider.
- Fee includes snacks, sag support, and lunch in Casa Grande.

MAKE CHECKS PAYABLE TO:

- Phoenix Metro Bicycle Club

MAIL [REGISTRATION FORM/RELEASE](#) AND FEES TO:

- Phoenix Metro Bicycle Club
P.O. Box 26788
Tempe, AZ 85285-6788

FOR ADDITIONAL INFORMATION

- Email [Mary Ellen Coe](mailto:MaryEllenCoe) or phone 480-239-8226.

2009 Tour of California – Itinerary Ideas (continued from Page 4)

Sacramento Food/Beverage: Choices nearby are abundant. Here are a just a few of the recommended spots:

- Delta King/Pilot House, Front Street & K St (paddleboat on the Sacramento River), features seafood, steaks, chicken and pasta dishes, bar (916) 444-5464.
- Firehouse, 2nd St & K St (restored building, recommended), steak, seafood, BBQ. (916) 442-4772.
- Morton's The Steakhouse, 5th St & L St, (916) 442-5091.

Stage 1 (Davis to Santa Rosa): Since Davis is about 20 minutes by car from downtown Sacramento, and the stage starts at noon, you can sleep in!!! Or, you can have a lite/early breakfast, then head off to Napa or Sonoma Valley for a little wine shopping and lunch (with tasting) before beating the peloton into Santa Rosa. There will be a women's pro/1/2 criterium on a portion of the men's finishing circuit, starting at 1:00 p.m. The men are expected to roll in between 4:00-5:00 p.m.

Non-Cycling Sights: If you have never been to wine country, suggestions include the wineries along the **Silverado Trail in Napa Valley** (quieter and less crowded than Highway 29), the Town Square in **Sonoma** (restaurants, wine tasting, shopping) and **Calistoga** (an alternative to staying in Sacramento or Santa Rosa, famous for their hot springs).

Santa Rosa Hotels: Again, there are a number of choices near the finish at 3rd St and Santa Rosa Avenue, including:

- Flamingo Resort Hotel, 2777 4th St (<2 miles from finish line, historic, restaurant on site), (800) 848-8300, \$120+.
- Hotel La Rose, 308 Wilson St (quaint, 47 rooms, restaurant on site), (707) 579-3200, \$129+
- Travelodge, 635 Healdsburg Ave, (707) 544-4141

Food/Beverage:

- Ca' Bianca (Ristorante Italiano), 835 2nd St, (707) 542-5800, www.cabianca.com. Dinner only on Sunday.
- Syrah (California-French), 205 5th St, (707) 568-4002, www.syrahbistro.com. Dinner only on Sunday.
- Sizzling Tandoor (Indian), 409 Mendocino Avenue, (707) 579-5999, www.sizzlingtandoor.com.

Make this the year you do *something different* for Valentine's/President's Weekend. Get a small group together, make your reservations, rent a van and Tour the Tour (of California) for a few days. What better place to see pro racing, enjoy some of California's finest cuisine and pick up a bottle of a Napa or Sonoma vintage from a small winery where you can shake the hand of the wine-maker... Viva the Tour...of California!

Mining Country Challenge

AN APPROVED HELMET IS REQUIRED FOR ALL RIDES LISTED



16th Annual Mining Country Challenge - 66 and 96 Mile Options Saturday, March 14, 2009

Sponsored by Phoenix Metro Bicycle Club

Volunteers are still need to help out with this ride. We are always looking for SAG support, helpers, food servers, tire changers or whatever you can donate of your time. Please contact [Charlie Davis](#) or [Jack Graham](#) if you would like to help your club put on this ride.

The official 2009 Mining Country Challenge Flyer and Registration Form is not available yet ... Please check back later.

Saddle up, Pardner, it's time to hit the trail, and some trail it is!

We're not talking about some easy little jaunt into the desert on some mule with no name (apologies to America) with a pick and shovel hung over your shoulder. No siree! However, when you see what you'll be climbing, you may want to reconsider that mule! Or maybe get a mountain goat!

Climb. Climb. Then climb some more. That's the Mining Country Challenge. It's not for everyone, but if you have aspirations to really put your climbing abilities to the test, this is the ride for you. By the end of the 96 mile ride you'll have climbed 7000 feet.

The ride starts in Old Town Superior in the heart of Arizona's mining country. From Superior, you'll go through the Queen Creek tunnel on US 60 (bring your blinking red tail light) and head on toward Miami on the climb nicknamed "Top of the Hill." The road has a narrow shoulder or no shoulder in some spots and it is a two-lane road – please ride single file. The route passes the Inspiration Mine near Globe and then leads southeast out of Globe. Then you tackle a long, 8% grade into the Pinal Mountains to the top of "El Capitan." This is a great place for a rest stop. The downhill into Winkelman is your reward...and the lunch stop after you turn the corner toward Superior (or the Circle K if you prefer).

Out of Winkelman, you'll head north toward Kearny, passing the Ray Mine. The climb culminates in a "hill" called "The End of the World," a 1.5 mile climb that averages 11%. After you make it up that hill, you will think it is the end of the world! From the top it is downhill into Superior.

Again this year we will have the addition of a metric century option (actual distance 66 miles). The route will go from Superior to Winkleman and return. This will be a great route for those who want to test their climbing abilities, but are not certain they can (or want to) ride the full 96 mile route. But don't feel left out - The cyclists who will be riding the metric century will also have the challenge of surviving the 11% climb up "The End of the World" on their way back to Superior.

For some interesting history of the Kearny / Winkleman / Ray area that you will be riding through, [click here](#).

WHEN

- Saturday, March 14, 2009.
- Registration and starting times not yet available.

WHERE

- Ride starts in Superior, Arizona
- Registration and the Start will take place near the intersection of Main Street and Magma Ave. Look for the signs and the registration table.
- From the Phoenix Metro area take Hwy 60 (Superstition Highway) east to Superior. Exit at the 177 Winkelman exit and head north. Main Street is less than a mile from the exit and where the start will be.
- From Tucson take 77 north to 79 and continue until you get to Hwy 60. Turn east on 60 and exit at the 177 Winkelman exit and head north one mile.
- **Parking:** Main Street and the courthouse on the east end have parking spaces. Or park along a side street.
- The ride finishes at the same location.

REGISTRATION FEE

- To Be Determined

ADDITIONAL INFORMATION

- For more information contact email [Charlie Davis](#) or [Jack Graham](#).

Did You Know?

- **Folding/Collapsible Bikes are the perfect complement to Light Rail**, bus and even travel by air – Typically ranging in price from \$200 to \$2,000, these bikes are better built than ever before and more compact. Some bikes can be collapsed to the size of a large briefcase to fit under a bus or airline seat. Manufacturers include Montague (see on line demo at www.montagueco.com), Dahon (www.dahon.com, with a sub-20 lb model), and Brompton (www.foldabikes.com), among others.
- **Bicycle lanes are coming to Chandler Blvd & Loop 101** – The City of Chandler is seeking comment on the proposed design for bicycle lanes at this intersection. An informational meeting will be held on Tuesday, January 13, 2009, at the MucCullough-Price House at 300 S. Chandler Village Drive (off Frye Rd on the south side of the mall) from 6:30-7:30 pm.
- **National Geographic's Adventure Magazine rates bicycle touring companies** – *Adventure's* "Adventure Ratings" for 2009 are being published in the February 2009 issue. The top ten bicycle touring companies are listed (no segregation between road, MTB, or multi-sport with biking, so you need to read the details), and include the following:

Backroads (93.73) – Mostly road/touring rides, three comfort levels, "special access" tours.

VBT Vacations (92.47) – "Base-camp" style riding from small hotels, multiple mileages.

Western Spirit Cycling Adventures (91.07) – Mostly MTB, but several quad-killer road rides.

Trek Travel (90.30) – Growing trend of rides mixed with major cycling events (France, CA, Italy).

Each of the top ten is listed with featured or new rides for 2009, a brief summary of the "flavor" or the company, but only pricing for the new/signature ride. Web sites are included for your further research.

PLEASE PATRONIZE OUR SUPPORTING MEMBERS...

S.W.E.A.T. Magazine: Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley.

FITNESS PLUS: Available in bike shops and fitness centers throughout the Valley.

PAT'S CYCLERY: 929 E Main, Mesa. (480) 964-3330. Trek, Diamondback, Schwinn, Sun (recumbents).

LANDIS CYCLERY: 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories.

JAVELINA CYCLES: Chandler Blvd and 48th St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) 480-598-3373. Titus, Raleigh, Fuji, Felt bikes, and more.

DNA CYCLES: 2031 N Power Rd, #10, Mesa, AZ 1 (480) 924-2453 and 7077 E. Mayo Blvd. suite 100, Scottsdale, AZ 480-515-BIKE

TEMPE BICYCLE: 330 W. University, Tempe (480) 966-6896.

BIKE DEN: 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, Nishiki, Mountain Cycles, BMX and recumbents.

BIKESPORT: 12035 n 59th Ave, Glendale (623) 979-3474. Schwinn cycling & fitness, Giant, Paramount.

OASIS CUSTOM BICYCLES: 5815 w Hearn Rd, Glendale (623) 978-6787. Linear & BikeE recumbents.

MIKE'S BIKE CHALET: 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain.

BIKESMITH CYCLE & FITNESS: 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized.

***Supporting members provide annual financial support to PMBC/West Valley/Prescott clubs through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, let them know that you have seen them listed in our newsletter.

BIKE TRAVEL CASES:

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Paul Nichols in person or via e-mail at "pnick44@qwest.net"**.

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PO Box 26788
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PO Box 8125
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