

THE TAILWIND TIMES

August 2008, Vol. 16, No. 8

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A Small “Plethora” of Cycling News

By Bob Beane

Watching “The Three Amigos” (Steve Martin, Chevy Chase, Martin Short, etc.), my question was the same as El Guapo’s, “what the heck is a plethora?” For 98% of the people who saw that movie, it was the first exposure we had to that word (I had a thesaurus in high school AND college, and never stumbled across “plethora” in six years...). The primary definition is “an overabundance or excess”. So, since there is a “small plethora” of items to report...here we go:

- Our very own **Sue Fassett** was extensively quoted in a July 7, 2008, article in the **Ahwatukee Foothills News** titled “**Some better, worse alternatives to the high price of fuel**”. Things we learned about Sue via this article: (1) Sue has been commuting to work by bicycle for 12 years, (2) Last year, Sue drove her truck about 2,000 miles...and biked about 8,000 miles (at \$4/gallon, she would save over \$1,500 a year, even after the cost of tubes, tires and bike maintenance), and (3) Sue’s 13 mile commute by bike takes a bit longer than traveling by car, but allows her to eat donuts without guilt.
- Next time you travel to **New York City**, go for a ride on **Broadway Boulevard**...In what we can only hope will be a new trend in urban street design, the City of New York is in the process of converting a seven block section of Broadway (from 42nd to 35th Streets) into a Parisian style promenade with plazas, café style seating and a bike lane on the opposite side of those “islands” away from the two automobile lanes that will remain. The space is being created by reducing vehicle lanes from four to two. This project, combined with similar projects just to the south on Broadway at Madison Square, is part of a plan to reclaim portions of Manhattan for pedestrian and cycling use, and is part of a larger “Green” initiative backed by the administration of Mayor Bloomberg.
- **South Mountain Silent Sundays to continue** – Popular South Mountain Silent Sundays, where the park is closed to cars, will continue on August 24, September 28, October 26 and November 23.
- **Amgen Tour of California 2009 expands route, and host cities are announced** – The fourth Tour of California will take place February 14-22, 2009, as the race expands to 800 miles and nine days/stages. Tour presenter **AEG** also announced a cross-promotional agreement with **ASO**, owner of the **Tour de France**. The 2009 race will begin in Sacramento on Saturday, February 14, and will traverse all the way to Escondido over nine days. Among the features of the route are a stage from cycling “mecca” Davis, CA, through wine country to Santa Rosa, a crossing of the **Golden Gate Bridge** on Stage 3, and an individual time trial in Solvang on Stage 7. With these developments, the Tour of California continues on its path to becoming the clear #4 bike race in the world, behind only the Grand Tours of Italy, Spain and France. Look for more information regarding the Tour of California in future issues of this newsletter.
- **Cooperation in Colorado to preserve prime mountain biking opportunities** – Wilderness advocates, Bicycle Colorado and IMBA clubs are cooperating to try to work out future MTB access to a proposed 600,000 acre wilderness area near the communities of Aspen, Vail, Glenwood Springs and Breckenridge. Code named the “Hidden Gems Proposal”, this effort recognizes that MTBrS and wilderness advocates have a common ground in wishing to preserve areas from development while maintaining low impact access for MTB riding and hiking. Even the Aspen Skiing Company’s Environmental Foundation has chipped in with a \$4,000 grant to jump start creation of a regional mountain bike trails master plan. This initiative is an example of how bicycling and environmental interests can cooperate and negotiate to achieve a “win-win” to preserve both prime environments and responsible access for recreation.
- **Neal Thomas and Mike Kirk** once again got “air time” for the club jersey during the Versus coverage of the Tour. 4K from the summit of an Alpine climb our boys appeared, complete with Tour-yellow wigs. Maybe they’ll make the DVD this time!

(continued on Page 6...)

Purposes and Objectives of our clubs:

To promote interest and involvement in all aspects of bicycling.

To schedule field trips, tours and other group riding opportunities for further development of individual cycling skills, and to instill safe riding habits.

To initiate and publicize all types of bicycling events to attract out-of-state bicyclists to Arizona.

To provide maps and route information to touring and commuting cyclists and to encourage bicycle use as an energy- efficient, healthful means of personal transportation.

To provide instruction at all levels of bicycling skill and bicycle maintenance, including on-the-road repairs.

To publish regularly a comprehensive newsletter of bicycling information about the events of all Arizona bicycle clubs, legislation affecting cyclists, and other cycling related news.

To promote bicycle racing as a spectator sport and to refer those interested in race participation to local clubs involved in the sport.

Questions? Comments? Here's who to call...

West Valley Bicycle Club: (2007 Officers) Jared Williams, Pres (623) 330-0220, Chuck Gerke, Secy (623) 974-9918, Betsy Turner, Treas (623) 979-8110, Gene Marchi, Ride Information (623) 546-8112.

Phoenix Metro Bicycle Club: Ron Waller, Pres (ronwaller@cox.net); Tom Adams VP & Mailing List (tla85258@yahoo.com), Mike Kirk, Treasurer (mkirk9942@FanBox.com); Jane Larson, Secy (Jlreports@qwest.net); Bob Beane, Newsletter Editor, (480) 961-1951, (marco3@cox.net).

Moving or Changing e-mail addresses? Please let your home chapter know – The Post Office will not forward the Tailwind times and e-copies won't find you unless we know where you are!!!

Newsletter Deadlines: The deadline for submissions is the 15th of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Bob Beane, 4413 E. Graythorn St, Phoenix, AZ 85044. You may e-mail Bob at marco3@cox.net. E-mail submissions are currently being accepted in the following formats: Articles in MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. We reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

Web resources: Additional and updated ride schedules and other club information may be found on the Web, including:

Phoenix/West Valley: At our new web address of www.pmbcaz.org

Tucson : www.bikegaba.org

Prescott: www.prescottcycling.org (e-mail: pcc@prescottcycling.org)

Sunrise/Sunset (Phoenix, AZ)

Aug 1 5:41 a.m./7:28 p.m.

Sep 1 6:03 a.m./6:53 p.m.

AUGUST RIDE SCHEDULE

****Please Note: Helmets are MANDATORY for all rides*

****Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride*

(Includes most major club/event rides. For a more comprehensive ride schedule visit www.sportsfun.com)

REGULAR CLUB RIDES (generally free to members, prospective members and guests)

EVERY MONDAY, WEDNESDAY & SATURDAY: Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

EVERY SATURDAY: SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue Fassett at (602) 758-0722 or suefassett@att.net.

EVERY SUNDAY: SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at wgfletcher@cox.net.

START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE: Jan 8:30, Feb 8:00, Mar 7:30, Apr/May 7:00, June-Aug 6:30, Sep/Oct 7:00, Nov 7:30, Dec 8:00.

EVERY SATURDAY: SUN LAKES BICYCLE CLUB – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

MONDAY-FRIDAY: PINNACLE PEAK PEDALERS – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at 480-204-1419.

Kokopedalli “No Drop” Rides (20-22 miles, with longer options): Ride locations include Scottsdale (Chaparral Park), Mesa (Gene Autry Park) and Ahwatukee (various). Website: <http://groups.yahoo.com/group/kokopedalli> Get emailed ride reminders by sending a blank email to kokopedalli-subscribe@yahogroups.com For more info contact Kathy Mills at khendricks67@earthlink.net or 480-235-5052 for details. See <http://www.sportsfun.com/gaba/rideschedule.html> for ride schedule.

ARIZONA BICYCLE CLUB – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA clubs, and we offer member-discounted rates to each other’s members for major rides.

MAJOR RIDES/EVENTS UPCOMING IN ARIZONA OR NEARBY LOCALS (most involve a rider registration fee or donation)

Aug. 23-24 (Sat/Sun) Grand Canyon Tour – ABC – 49 miles Saturday, 20 Sunday. www.azbikeclub.com

Aug. 30, 31 & Sept. 1 - Blue Loop Tour – GABA Tucson - Hilly & scenic ride in central mountains of Arizona & New Mexico! Very little traffic! This ride is recommended for strong riders. www.bikegaba.org.

Aug. 30, 31 & Sept. 1 - Trail of the Mountain Spirits – GABA Tucson. A scenic, but easier, 3-day ride with shorter distances each day, and plenty of time to enjoy! Cathy Crandall, catcran@cox.net

Sep 21 (Sun) - Jerry Doss Memorial Skull Valley Loop Challenge – Prescott Cycling Club – Options for a full century, 75 mile or 54 mile loop, benefiting the Heritage Park Zoological Sanctuary and the Yavapai Trails Association. For more information and registration, visit www.prescottcycling.org.

Sep 27-Oct 5 (Sat to following Sun) – GABA Tucson – The Annual Great Arizona Bicycling Adventure – This year, the route is from Page to Nogales with day three (Flagstaff) off and options of a trip to the Grand Canyon or Sedona Shuttle. For all the details, visit www.bikegaba.org for one of the best trip brochures I’ve ever seen, or call 520-349-5932.

Oct. 5 (Sun) – Tour de Scottsdale – dcbadventures – Century/Benefit Ride to benefit the McDowell Sonoran Conservancy and Rebuilding Together. \$85 single entry, \$100 tandem. 7:00 am start at Market Street at DC Ranch. www.dcbadventures.com.

Oct. 11 (Sat) Cochise County Cycling Classic – PBAA – 45, 92, 157 or 252 miles. www.pbaa.com

Oct. 18 & 19 - Cave Creek Tour – GABA Tucson - Scenic and fairly easy ride from Roadforks, NM to Portal, AZ, and up the Cave Creek Canyon. 45-mile per day on east side of the Chiricahuas with overnight stay in cozy cabins at SW Research Center. Meals included. www.bikegaba.org.

Oct. 25 (Sat) – Ride for Safety – CAzB & PMBC – www.cazbike.org (see Page) for info and registration form.

Oct. 26 (Sun) - Tumacacori Gene Chapman Memorial Century. Options for 25, 65 & 100 miles. Ride south of Tucson, starting in Sahuarita. Continue past Green Valley to Tumacacori Mission. Great lunch after the ride! www.bikegaba.org.

Nov. 1 (Sat) – Heart of Arizona – Bullshifters - www.bullshofters.org.

Nov. 8 (Sat) – McDowell Century – ABC - www.azbikeclub.com.

Nov. 9 (Sun) - Silverbell Century. NW Tucson/Marana. East to west course! Leaders: Colin and Mandi Cordell, colinandmandi@comcast.net or 572-6229

Nov. 22 (Sat) – PBAA – El Tour de Tucson – 33, 67, 80 or 109 miles around the perimeter of Tucson. www.pbaa.com

A Gap in the Paceline...

In July, our club, the cycling community, and particularly his family and the cyclists of Sun Lakes, lost someone very special and one of the regulars of the paceline. Mike St. Louis lost his life in a tragic accident while riding in his home community of Sun Lakes, where it was reported a garbage truck unexpectedly stopped in the bike lane in front of Mike. A former pro ball player, Mike was 6’2”, 220 lbs, and a lifetime athlete. Family, friends and cycling mates will all miss the 65 year old “big guy” of the Sun Lakes pack. Our heart-felt sympathies go out to Mike’s family and friends.

Tour de France Trivia Quiz Answers and Winner

The first place winner of our TdF Trivia Quiz and drawing is Renee Defeo. The questions and answers are:

1. The first Tour de France took place in what year? **...1903**
2. Only two Americans have (officially) won the Tour de France: Greg LeMond and Lance Armstrong achieved 10 wins between them. Only one of those wins came without the winner capturing a single stage. What year was it? **...1990**
3. Who was the first cyclist to win five Tours in a row? **...Miguel Indurain**
4. The record for most days in Yellow during a cyclist's career is 111. Who holds that record? **...Eddy Merckx**
5. What rider holds the record of most King of the Mountains titles (hint: 7) **..."Tricky Dicky" (Richard Virenque)**
6. American riders have only been going to the Tour during the last two dozen years. But, as a nation, the USA ranked in **...3rd...** place in most Tour victories as of the end of Lance Armstrong's cycling career in 2005.
7. Ten American riders have won stages in the Tour de France, including: Armstrong, LeMond, Hampsten, Hincapie, Leipheimer, Hamilton, Phinney, Zabriske and Landis*. Who is the tenth American cyclist to have achieved that milestone? **...Jeff Pierce**
8. Who was the first North American to wear the Yellow Jersey in the Tour de France? **...Alex Steida of Canada**
9. What cyclist holds the record for most green (points/sprinter) jerseys in the Tour? **...Erik Zabel of Germany**
10. In 1984, Greg LeMond finished 3rd in his first Tour and won the White jersey as best young rider (under 25). What American cyclist won that honor by finishing 4th in the 1986 Tour? **...Andy Hampsten**
11. Who was the 2nd American cyclist to finish on the podium of the Tour de France? **...Bobby Julich (1997)**
12. The first time an American raced in the Tour de France was 1981. This rider's last Tour was in 1984, along side Greg LeMond, but his best finish was in 1983 (12th). Who was that rider? **...Jonathan Boyer**
13. Who was the first American to win a road stage in the Tour? **...Davis Phinney**
14. What U.S.-based team was the first to compete in the Tour de France? **...7-11**
15. What American rider was on Lance Armstrong's team for all of his Tour victories? **..."Big" George Hincapie**
16. Who was the first American to race both the Tour and a World Cup MTB event? **..."The Bobke" (Bob Roll)**

Did You Know...About China? *From an AP Article written by Elaine Kurtenbach*

- 130 million bikes were manufactured in the world last year...90 million were in China.
- 9 of 10 bikes purchased in the United States is manufactured in China.
- China is offering 50,000 bicycles for rent in Beijing during the Olympics.
- Despite the above, Shanghai's roughly 10 million bicycles are banned from many streets due to an evolving automobile-centric transportation policy (sound familiar, anyone?)

From the Pages of Bicycling Magazine – August, 2008

- **My favorite advertising campaign:** "A comfortable ass is a happy ass..." (The Pearl iZumi P.R.O. 3D Chamois series of ads featuring a smiling "donkey" who reminds you of Eddie Murphy's character in Shrek...I'm sure that wasn't intended...wink). Oh, how we like having a comfortable ass on long rides!!!
- **"Wheel sucker of the Month"** – A high school principal in NJ rejected a \$2,000 donation from the student environmental club to install a bike rack at the school. When students protested by riding to school in groups and (legally) chaining their bikes around the property, Principal James Riccobono responded with a letter saying "it does (not) make sense, in my opinion, to promote the riding of bikes to school."
- **Cool Breeze Century** – Ventura, CA, 8/16. Ride 38, 63, 102 or 125 miles by the Pacific. www.cibike.org

The Memorial Ride for Safety XI
Saturday Oct. 25th 2008
SHARE THE ROAD

The 2008 theme is **Share the Road**. Join The Coalition and Phoenix Metro Bicycle Club for this great ride. The routes are 100 K and 35 miles through Carefree and scenic vista's of Tonto National Forest & Pinnacle Peak, but we will not go to Bartlett Lake. We will visit the Sears Kay Ruins towards Seven Springs. The new route will be a little easier and user friendly. The Start/Finish is by AJ's market at Pima and Pinnacle Peak Rd. Your entry fee will include a ride map, 2 rest stops, and a Bar- B-Que meal at the finish. Share the Road Jerseys may be ordered at this event for a reduced amount. The fee schedule for the ride is as follows:

GABA/ABC/CAzB members pre-registered only -----\$20.00

Non - members pre registered only -----\$25.00

Day of Registration ----- \$30.00

Tandem members pre -registered \$35.00 Day of ----- \$45.00

Pre-Registrations must be in by Oct. 8, 2008

Make checks payable to PMBC

Registration starts at 7:00 AM Ride at 7:30 for 100K and 8:00 - 35 mi.

The Safety Ride and the safety message grew out of the tragic cycling accident Winston Benson had approximately 11 years ago and we honor all those bicycle fatalities in Arizona since then. The Coalition of Arizona Bicyclists is your voice with all levels of government concerning bicycling in our State.

Join PMBC and the Coalition (CAzB) for a ride that benefits all AZ Bicyclists Let's all Ride to the Right, "Share the Road" signal turns and point out hazards. Ride goes rain or shine for more information call Rich at 602 953-2585. Below sign and mail to:

Safety Ride 5509 E. Everett Dr. Scottsdale, AZ 85254

Memorial Ride for Safety Oct. 25, 2008

By completing the following information and paying the registration fee I acknowledge that the registration process is not complete until the morning of the Event when I complete and sign the "Release and Waiver Form". Anyone under the age of 18 wishing to participate must have a parent or guardian present to sign the Release and Waiver Form.

Name: _____ Distance Riding _____

Address: _____

Phone: _____ email _____

ADOT's Statewide Bicycle & Pedestrian Plan

By Bob Beane

You would likely be much more impressed by the Arizona Department of Transportation's Statwide Bicycle & Pedestrian Plan that you would by the marketing and promotion of the plan to average citizens. Never-the-less, such a plan does exist, it does have meaningful impact, the cycling community is consulted, qualified design engineers are on board, and portions of the plan are regularly implemented. The purpose of ADOT's Plan is "to provide a long-term plan for a statewide system of interconnected bicycle facilities that will guide ADOT transportation decisions relating to bicycle and pedestrian travel, planning and facility development." Phase I of the plan involved a survey of existing conditions. Phase II included creation of a Bicycle Users Map, Bicycle Share the Road Guide, Arizona Bicycle Street Smarts, web site enhancements, and project Grant and Funding Plan and an Education Plan. For information regarding roadway and facility projects and their status, visit www.azbikeped.org.

(A Small “Plethora” of Cycling News...continued from Page 1)

- **Bicycling Magazine Video Center** – The on-line version of Bicycling Magazine at www.bicycling.com includes recaps of the 2008 Tour de France, Tech Tips, and a lot of other informative features. One of my favorites is the Bicycling Video Center, which currently has pieces running on each stage of the 2008 Tour (to help those of us suffering through our annual post-Tour withdrawal) and a number of video road bike reviews. Past topics have included video/slide show previews of the Moab, UT, and Fruita, CO, mountain bike trails.
- **Looking to cross-train, or have a friend who runs?** – Mark November 1 on your calendar for the 2008 Desert Grande Duathlon (and Triathlon) at Central Arizona College in Coolidge. The Duathlon distances are inviting for non-Ironman athletes wishing to try a taste of multi-sport competition: 1.5 mile run, 10.3 mile bike, 3.0 mile run. There are categories for both individual and team entrants. Individual entry is \$40, team entry is \$50, add \$15 dollars after October 18. For more information e-mail: nrusso@ci.casa-grande.az.us, call Nick Russo at 520-421-8677 x4540, or visit www.casagrandeaz.gov.
- **Matching Donations Leverage Your Donations to IMBA Trailbuilding Fund This Year** – Members of the bike industry have committed to matching dollar-for-dollar donations to the International Mountain Biking Association Trailbuilding Fund for a minimum of \$250,000 this year. Companies leading the effort include **Trek, SRAM and Quality Bicycle Products**. To find out more on how to donate, and to follow progress of the Trailbuilding Fund, visit www.imba.com.
- **What's Next for Bicycle Signage?** – The National Committee on Uniform Traffic Control Devices is a private organization comprised of over 300 experts in the field of traffic control. As reported in the May/June issue of *American Bicyclist* (the LAB Magazine), the NCUTCD has assisted the Federal Highway Administration in developing the new edition of the Manual On Uniform Traffic Control Devices? Why should we care? As reported in the article, written by **Valley resident Richard Moeur, PE, the LAB Representative to the NCUTCD**, this manual defines the standards and guidance for signs, markings, signals and traffic control devices on the public roads and bikeways in the United States. Included in the new Manual is an innovative new system of bicycle guide signage including some elements currently used in Europe, multi-use path signage, route numbering, mileposts and signs related to emergency services. Also discussed in Mr. Moeur's article are some experiments currently in progress, including (1) Bicycle Traffic Signals being tested in Denver, (2) Colored Bike Lanes being tested in several cities, and (3) Advance Stop Lines being tested in Portland. For more information, see the magazine or visit www.bikeleague.org.

White Mountain Tour Wrap-Up

Ride Leader Jay Stewart Reported: “Our ride went well this weekend. One hundred and three riders had numerous flats and a few mechanicals, but no injuries. Very little rain fell on the riders during the ride and the temperatures were nearly perfect. The **Mountain Christian School** provided 25 volunteers and baked goods for the three SAG stops. Many of the riders expressed their appreciation of the enthusiasm and goodies that the volunteers brought to the event. And, the 23 walk-up registrations out numbered the 12 no-shows.”

Cycling on TV – Versus Signs to Cover Tour de France Through 2013

The cornerstone of Versus' TV cycling coverage is “a lock” for five more years. Versus announced this summer that they have signed an agreement to be the **US broadcaster for the Tour de France through the 2013 race**. Versus is the main network for bike racing in the US. Major events remaining in 2008 include (Live/Web Broadcast Dates and Tentative Versus TV Date/Time):

- **US Pro Championships** – Versus air time is Sunday, **September 7**, 5:30 pm ET.
- **Vuelta a Espana** – Saturday, August 30 thru Sunday, September 21 (Versus: 5 pm ET, Sunday, **September 21**).
- **Tour of Missouri** – Versus recap air time is Sunday, **September 28**, 5:00 pm ET.
- **Paris-Tours** – Sunday, October 12 (Versus: 4 pm ET, Sunday, **October 12**)
- **Giro di Lombardia** – Saturday, October 18 (Versus: 4 pm ET, Sunday, **October 19**)

The full **UCI racing schedule for 2008** is available at www.cyclingnews.com.

As the Miles Go By...

Mileage Reporting: Tom Adams reported that during June he completed 7 rides for 147.97 miles in 11 hrs 49 mins. But, he crashed mid-June, injured his back, and is unable to ride until August. YTD: 69 rides for 1,534.22 miles in 130 hrs 16 mins.

“**Mileage maniacs**” are encouraged to send end mileage stats for the month, YTD, or for any memorable rides (e.g. cross-state, around the perimeter, cross-country) that you would like to have published.

PLEASE PATRONIZE OUR SUPPORTING MEMBERS...

S.W.E.A.T. Magazine: Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley.

FITNESS PLUS: Available in bike shops and fitness centers throughout the Valley.

PAT'S CYCLERY: 929 E Main, Mesa. (480) 964-3330. Trek, Diamondback, Schwinn, Sun (recumbents).

LANDIS CYCLERY: 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories.

JAVELINA CYCLES: Chandler Blvd and 48th St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) 480-598-3373. Titus, Raleigh, Fuji, Felt bikes, and more.

DNA CYCLES: 2031 N Power Rd, #10, Mesa, AZ 1 (480) 924-2453 and 7077 E. Mayo Blvd. suite 100, Scottsdale, AZ 480-515-BIKE

TEMPE BICYCLE: 330 W. University, Tempe (480) 966-6896.

BIKE DEN: 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, Nishiki, Mountain Cycles, BMX and recumbents.

BIKESPORT: 12035 n 59th Ave, Glendale (623) 979-3474. Schwinn cycling & fitness, Giant, Paramount.

OASIS CUSTOM BICYCLES: 5815 w Hearn Rd, Glendale (623) 978-6787. Linear & BikeE recumbents.

MIKE'S BIKE CHALET: 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain.

BIKESMITH CYCLE & FITNESS: 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized.

***Supporting members provide annual financial support to PMBC/West Valley/Prescott clubs through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, let them know that you have seen them listed in our newsletter.

BIKE TRAVEL CASES:

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Paul Nichols in person or via e-mail at "pnick44@qwest.net"**.

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